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**Calle Virgen 3660 la Calma Zapopan 45070 Mexico**

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# **PATIENT**

|  |  |
| --- | --- |
| Surname and first name |  |
| Date of birth |  |
| Place of birth |  |
| Sex |  |
| Address |  |
| Home phone |  |
| Cell phone |  |
| Email |  |
| Facebook |  |
| Profession |  |
| Weight and height |  |
| Marital status |  |
| Number of children |  |
| How much budget can you invest each month in your health? This question is to adapt your work according to your possibilities. |  |

CHILDHOOD WOUNDS

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| I: |

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|  |  | I appreciate the help that comes in the present moment. |
|  |  | I seek perfection at all costs |
|  |  | I seek to be interesting - to make myself loved - to accept |
|  |  | Believes you do not have the right to exist |
|  |  | Believing myself misunderstood (a) - null (a) or worthless |
|  |  | Difficulty incorporating the great self |
|  |  | I find different means to flee *(astral - sugar - sleep - drugs - alcohol ...)* |
|  |  | Lack of self-love |
|  |  | Lack of love and self-esteem for yourself |
|  |  | Lack of self-affirmation |
|  |  | Lack of self-esteem |
|  |  | Lack of physical - psycho-emotional and spiritual well-being |
|  |  | Lack of awareness of spiritual reality |
|  |  | Lack of spiritual awareness |
|  |  | Lack of connection in the present |
|  |  | Lack of contact with creative power |
|  |  | Lack of creativity |
|  |  | Lack of spirituality |
|  |  | Lack of expression vital energy - creative potential |
|  |  | Lack of creative faculties |
|  |  | Lack of instinct |
|  |  | Lack of valorization |
|  |  | Inability to recognize your true value |
|  |  | I treat myself as null or useless |
|  |  | My parents did not accept me as I was |
|  |  | Need to assert myself or impose myself or say *"no"* |
|  |  | I don't believe in my right to exist |
|  |  | I don't listen to my needs |
|  |  | I don't love myself for who I am |
|  |  | I don't get stuck in the here and now |
|  |  | I don't feel welcomed – accepted |
|  |  | I don't want to see anyone, even the people who love me. |
|  |  | I don't feel my needs |
|  |  | I don't take the site with the responsibilities that this entails. |
|  |  | I don't see my qualities, talents, capabilities - what I do well |
|  |  | I want to be joyful to be alive |
|  |  | I feel that I do not belong to this world |
|  |  | I feel like everyone rejects me |
|  |  | I am reserved (a) |
|  |  | Tendency to affective - repressive addiction |
|  |  | Tendency to isolate myself |
|  |  | Tendency to allergies *(food and hay fever)* |
|  |  | Tendency to insect allergies |
|  |  | Tendency to internal inferiority complex |
|  |  | Tendency to external superiority complex |
|  |  | Tendency to let my inner child live |
|  |  | Tendency to diarrhea |
|  |  | Tendency to hide |
|  |  | Tendency to flee |
|  |  | Tendency to flee from an uncomfortable situation that demands reaffirmation - take sides |
|  |  | Tendency to join the conversation of others |
|  |  | Tendency to easily go to the astral |
|  |  | Tendency to anorexia |
|  |  | Tendency to arrhythmia |
|  |  | Tendency to the ability to make myself invisible |
|  |  | Tendency to devaluation |
|  |  | Tendency to diabetes |
|  |  | Tendency to hypoglycemia |
|  |  | Tendency to creative imagination |
|  |  | Tendency to psychosis |
|  |  | Tendency to resist new situations |
|  |  | Tendency to resistance to change |
|  |  | Tendency to resist to see all angles of a situation I live in |
|  |  | Tendency to psychological resistance |
|  |  | Tendency to not recognize my value |
|  |  | Tendency to pass wonderful things aside - from phases of great love to phases of deep hatred |
|  |  | Tendency to wonder what I do on this planet |
|  |  | Tendency to search for solitude |
|  |  | Tendency to reject aspects of life |
|  |  | Tendency to brutally reject the unknown |
|  |  | Tendency to reject advice - solutions |
|  |  | Tendency to reject daily |
|  |  | Tendency to reject pleasure |
|  |  | Tendency to reject lung-stomach phlegm |
|  |  | Tendency to unconsciously reject my body |
|  |  | Tendency to reject spirituality |
|  |  | Tendency to reject material problems |
|  |  | Tendency to reject everything that is material |
|  |  | Tendency to reject a new idea |
|  |  | Tendency to be indifferent to the material |
|  |  | Tendency to be rejected (a) otherwise |
|  |  | Tendency to suicidal depression |
|  |  | Tendency to fear rejection |
|  |  | Tendency to panic fear |
|  |  | Tendency to perfectionism |
|  |  | Tendency to vomit |
|  |  | Trend of cigarette addiction |
|  |  | Tendency to addiction to drugs or medications |
|  |  | Trend of addiction to games - movies - television - video games |
|  |  | Tendency of anxiety addiction |
|  |  | Tendency of sugar addiction |
|  |  | Tendency of food addiction |
|  |  | Tendency of alcohol addiction |
|  |  | Coffee addiction trend |
|  |  | Tendency of addiction to withdrawal |
|  |  | Trend of sex addiction |
|  |  | Trend of workaholism |
|  |  | Addiction trend in general |
|  |  | I'm afraid to assert myself or impose myself or say *"no"* |
|  |  | I have skin and breathing problems |

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| II: |

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|  |  | Despite being in a relationship, you feel like you never get the love you need from your partner. |
|  |  | I attract trouble getting the attention of others |
|  |  | I consider that I am not loved |
|  |  | I believe that the cause of my inner sadness and loneliness depends on the other. |
|  |  | When I have to make a decision I ask for advice |
|  |  | When a relationship becomes intense, I do everything to end it. |
|  |  | In my vocabulary I use the expression a lot: I *can't stand it* |
|  |  | Lack of affection |
|  |  | Lack of love for life |
|  |  | Lack of spiritual strength |
|  |  | Lack of interest in sexuality |
|  |  | Lack of perseverance |
|  |  | Lack of wisdom |
|  |  | Lack of physical tonicity |
|  |  | Lack of muscle tone |
|  |  | Lack of courage |
|  |  | Unwillingness |
|  |  | I do my best so that the other does not leave my side |
|  |  | It is difficult for me to leave if for example I am having a good time with friends, I want to prolong the moment as much as possible |
|  |  | I'm very afraid of being left alone or alone |
|  |  | I lack tenacity |
|  |  | I feel lonely (a) |
|  |  | I need help to sustain myself |
|  |  | I do not accept the negative |
|  |  | I don't appreciate the outside world |
|  |  | I don't let my inner child live |
|  |  | I don't enjoy life |
|  |  | I don't pay attention to what I need |
|  |  | I don't like to do activities or a job alone, I need someone to support me |
|  |  | I don't like life |
|  |  | I can't embrace life |
|  |  | I don't have autonomy/independence |
|  |  | I have no physical well-being - psycho-emotional and spiritual |
|  |  | I have no interest in caring for others or myself. |
|  |  | I don't have the ability to listen |
|  |  | I don't see the beauty of life |
|  |  | I think I can't do anything alone, I need someone who can sustain |
|  |  | I'd rather endure in difficult relationships than put an end to them |
|  |  | I prefer to think that everything is going well so as not to be abandoned |
|  |  | I want to save the people I love if they have difficulties |
|  |  | If I do something for someone it is to receive affection |
|  |  | I feel like the other doesn't love me enough |
|  |  | Inner solitude |
|  |  | I am joyful one moment then sad the next moment |
|  |  | I am dependent |
|  |  | I'm skinny |
|  |  | Tendency to abandon myself or the other – or the projects that interest me a lot |
|  |  | Tendency to attract pity - attention |
|  |  | Tendency to create dramas, to dramatize everything |
|  |  | Tendency to crisis of hysteria |
|  |  | Tendency to start many projects and abandon them along the way |
|  |  | Tendency to do emotional blackmail to get what I want |
|  |  | Tendency to do or decide something alone (a) |
|  |  | Tendency to make my body suffer |
|  |  | Tendency to do everything I can to keep others on the lookout for me |
|  |  | Tendency to sex addiction |
|  |  | Tendency to agoraphobia |
|  |  | Tendency to bronchitis |
|  |  | Tendency to bulimia |
|  |  | Tendency to emotional dependence |
|  |  | Tendency to depression |
|  |  | Tendency to diabetes |
|  |  | Tendency to hypoglycemia |
|  |  | Tendency to myopia |
|  |  | Tendency to sadness |
|  |  | Tendency to repressed sadness coming from my childhood |
|  |  | Tendency to addictions |
|  |  | Tendency to cry easily especially talking about my problems and the tests I have to overcome in life |
|  |  | Tendency not to walk straight |
|  |  | Tendency not to take care of myself |
|  |  | Tendency to not fulfill my projects |
|  |  | Tendency to not bear to be rejected (a) |
|  |  | Tendency to ask for advice, but I don't follow them |
|  |  | Tendency to ask a lot of each other |
|  |  | Tendency to sabotage my happiness |
|  |  | Tendency to feel motivated only if I feel supported and sustained |
|  |  | Tendency to feel lonely |
|  |  | Tendency to be very hot with others |
|  |  | Tendency to be a victim |
|  |  | Tendency to have fragile adrenal glands |
|  |  | Tendency to have a bad back |
|  |  | Tendency to have suicidal thoughts |
|  |  | Tendency to asthma |
|  |  | Tendency to bronchial asthma |
|  |  | Tendency to headache |
|  |  | Tendency to frontal headache due to mental congestion |
|  |  | Tendency to occipital headache |
|  |  | Tendency to acuss people or even God to leave me, when I have a problem |
|  |  | I have the need for presence - of attention - of support and especially of support of the other |
|  |  | I have weak legs |
|  |  | I'm afraid of madness |
|  |  | I am afraid of death |
|  |  | I'm afraid of loneliness |
|  |  | I'm afraid of the authorities |
|  |  | I'm afraid of emotions |
|  |  | I'm afraid of being abandoned |
|  |  | I had parents absent emotionally or physically |
|  |  | A part of my body has sagging or falls: *breasts, belly, buttocks, scrotum in man* |
|  |  | Interior vacuum |
|  |  | I see obstacles getting in the way of the realization of my projects |

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| III: |

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|  |  | I cancel my needs |
|  |  | I know my needs, but I don't listen to them |
|  |  | It's very rare that I'm recognized for everything I do. |
|  |  | Lack of joy |
|  |  | Lack of altruism |
|  |  | Lack of unconditional love |
|  |  | Lack of benevolence |
|  |  | Lack of compassion |
|  |  | Lack of communication |
|  |  | Lack of conciliation |
|  |  | Lack of sweetness |
|  |  | Lack of enthusiasm |
|  |  | Lack of generosity |
|  |  | Lack of freedom |
|  |  | Lack of respect for the needs and freedom of others |
|  |  | Lack of sensitivity |
|  |  | Lack of sensuality |
|  |  | I do things to hurt myself or to punish myself before others do. |
|  |  | I do a lot of things, but I do everything too *much: too much (or) food, work, drink, spend, talk, help...* |
|  |  | The guilt and shame I drag prevent me from accepting and taking care of myself. |
|  |  | I focus on the needs of others |
|  |  | I create situations in my day to day that force me to do things that do not correspond to my needs |
|  |  | I have a hard time receiving |
|  |  | I'm embarrassed to get naked in the light of day, with a new partner |
|  |  | I take care of many things |
|  |  | I take care of others more than I do about myself |
|  |  | I feel devalued |
|  |  | My body is thick and swollen |
|  |  | My body has excess fat |
|  |  | My parents ridiculed me and were ashamed of me in my childhood. |
|  |  | I don't enjoy life |
|  |  | I don't listen to my sexual needs |
|  |  | I don't want to go fast |
|  |  | I don't fully live life |
|  |  | Pancreas problem such as diabetes and hypoglycemia |
|  |  | Erection and premature ejaculation problems |
|  |  | Leg and foot problems such as varicose veins, fractures, sprain |
|  |  | I want to be accountable to no one, not to be controlled by anyone, to do what I want when I want |
|  |  | I feel my mother as a weight |
|  |  | I feel like I have a lot of blocked energy in my body |
|  |  | I feel satisfaction and pleasure in suffering |
|  |  | I am hypersensitive |
|  |  | Tendency to accuse me or accuse the other of not taking good care of the family |
|  |  | Tendency to accuse or humiliate me |
|  |  | Tendency to look for excuses and explanations |
|  |  | Tendency to seek to be considered (a) |
|  |  | Tendency to carry the blame for everything and burden myself with the guilt of others |
|  |  | Tendency to punish myself believing that I punish the other |
|  |  | Tendency to compare myself to others |
|  |  | Tendency to compensate me with food |
|  |  | Tendency to believe myself unworthy of receiving compliments |
|  |  | Tendency to believe myself heartless or inferior in relation to the other |
|  |  | Tendency to believe myself dirty (a) |
|  |  | Tendency to sprain |
|  |  | Tendency to fractures |
|  |  | Tendency to merge |
|  |  | Tendency to make my body suffer |
|  |  | Tendency to do everything not to be free |
|  |  | Tendency to make myself indispensable |
|  |  | Tendency to play the role of mother |
|  |  | Tendency to angina |
|  |  | Tendency to bulimia |
|  |  | Tendency to itch |
|  |  | Tendency to diabetes |
|  |  | Tendency to hypoglycemia |
|  |  | Tendency to laryngitis |
|  |  | Tendency to obsessive worry |
|  |  | Tendency to deep and unmotivated concern |
|  |  | Tendency to shame |
|  |  | Tendency to vergüenza at the sexual level |
|  |  | Tendency to varicose veins |
|  |  | Tendency to worry |
|  |  | Tendency to worry about the future |
|  |  | Tendency to worry about sexuality |
|  |  | Tendency to worry about things |
|  |  | Tendency to disgust myself |
|  |  | Tendency to ridicule myself or others |
|  |  | Tendency to be the slave of the house |
|  |  | Tendency to masochism |
|  |  | Tendency to servility |
|  |  | I have a load on my back |
|  |  | I'm afraid of being ashamed of the people next to me or myself. |
|  |  | I am afraid of freedom |
|  |  | I am afraid of not knowing how to manage freedom and I do everything not to be free |
|  |  | I'm afraid of losing dominance |
|  |  | I'm afraid of being embarrassed when the other looks at me |
|  |  | I'm really afraid of being caught when I masturbate. |
|  |  | I am very afraid of living without limits |
|  |  | I have cardiovascular problems |
|  |  | I have frozen shoulder problems |
|  |  | I have problems with heavy piernas |
|  |  | I have hot foot problems |
|  |  | I have back problems |
|  |  | I have throat problems |
|  |  | I have thyroid problems |
|  |  | I have liver problems |
|  |  | I have breathing problems |
|  |  | I have chronic breathing problems |
|  |  | I have tensions in my neck, throat, jaws, and pelvis |
|  |  | I live or have lived shameful situations in the family environment that should remain secret, such as the suicide of a relative, homosexuality, diseases etc. |

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| IV: |

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|  |  | I look for loving relationships where the other is not free to commit |
|  |  | I want to control everything |
|  |  | Lack of unconditional love |
|  |  | Lack of authenticity in everything |
|  |  | Lack of trust from others |
|  |  | Lack of confidence in life |
|  |  | Lack of trust in others |
|  |  | Lack of faith |
|  |  | Lack of fidelity |
|  |  | Lack of candor |
|  |  | Lack of generosity |
|  |  | Lack of indulgence |
|  |  | Lack of integrity |
|  |  | Lack of patience with slow people |
|  |  | Lack of simplicity |
|  |  | Lack of sociability |
|  |  | Lack of tolerance |
|  |  | I do everything not to put myself in a situation of confrontation |
|  |  | I do everything I can to be a responsible, strong, special and important person |
|  |  | I do everything by myself |
|  |  | There has been a breaking of a promise |
|  |  | I get upset when someone takes a long time to explain something or understand something. |
|  |  | He trusted me hardly |
|  |  | I quickly create an opinion about people or a situation |
|  |  | I have a hard time explaining to someone how to do something in the event that the other person is slow to learn |
|  |  | I'm afraid my relationships will lie to me |
|  |  | I loved falling in love and especially enjoying the passionate phase of the relationship |
|  |  | I like to direct others |
|  |  | I like to always have the last word |
|  |  | I take great care of the things of others, I think of the duty to help them organize their lives |
|  |  | I feel insulted if someone goes about my business without my permission |
|  |  | My mind is very active |
|  |  | My Parents Didn't Deliver what They Promised Me |
|  |  | Many times, my sex life is unsatisfying |
|  |  | I don't accept others as they are |
|  |  | I don't trust easily |
|  |  | I do not like not knowing how to answer a question, so I like to know different arguments |
|  |  | I do not like to have debts and if I do I want to pay them as soon as possible |
|  |  | I don't show my vulnerability |
|  |  | I don't always do what I say |
|  |  | I don't have time to waste |
|  |  | For me good reputation is very important |
|  |  | I prefer to have a relationship of friendship rather than a couple |
|  |  | If I do something important I forget to eat |
|  |  | I am attached to the results |
|  |  | I am in constant hypervigilance |
|  |  | I am very demanding in my relationships |
|  |  | Tendency to accuse the other of being irresponsible |
|  |  | Tendency to seek to be special and important |
|  |  | Tendency to punish me |
|  |  | Tendency to punish myself by doing everything by myself |
|  |  | Tendency to eat fast |
|  |  | Tendency to control - dominate - manipulate |
|  |  | Tendency to believe myself very responsible - strong |
|  |  | Tendency to fulfill commitments to myself |
|  |  | Tendency to fulfill projects |
|  |  | Tendency to diarrhea, sexual impotence, hemorrhages... |
|  |  | Tendency to variable mood |
|  |  | Tendency to interrupt the other many times and answer before the other has finished |
|  |  | Tendency to self-denial |
|  |  | Tendency to agoraphobia |
|  |  | Tendency to disloyalty |
|  |  | Tendency to spasmophilia |
|  |  | Tendency to paralysis |
|  |  | Tendency to lie saying I thought about the situation when I actually forgot it completely |
|  |  | Tendency to lie easily often |
|  |  | Tendency to lie so as not to lose my reputation |
|  |  | Tendency to miss promises or look for excuses |
|  |  | Tendency not to take responsibility |
|  |  | Tendency to lose trust in others |
|  |  | Tendency to deprive myself of good times for myself |
|  |  | Tendency to knee, joint and flexibility problems |
|  |  | Tendency to inflammatory problems |
|  |  | Tendency to want to control everything |
|  |  | Tendency to be defensive, distrustful, intolerant |
|  |  | Tendency to be the center of attraction |
|  |  | Tendency to be seductive (a) |
|  |  | Tendency to always be right |
|  |  | Tendency to try to convince the other |
|  |  | Tendency to verify what the other has done |
|  |  | Tendency to excessive appetite |
|  |  | Tendency to selfishness |
|  |  | Tendency to skepticism |
|  |  | Tendency to cold sores |
|  |  | I have difficulty living the separation |
|  |  | I have digestive system disease |
|  |  | I have inflammatory disease |
|  |  | I have the impression that my partner cheats on me |
|  |  | I'm afraid to compromise |
|  |  | I'm afraid of dissociation |
|  |  | I'm afraid of denial |
|  |  | I'm afraid of separation |
|  |  | I'm afraid of losing dominance |
|  |  | I'm afraid of commitment |
|  |  | I have my beliefs and I hope others will follow me |
|  |  | I have a hard time making a choice if I think I can lose something. |
|  |  | I have high expectations for the future |
|  |  | I have to control what is happening around me to put myself before danger and thus avoid surprises |
|  |  | I have a strong personality |
|  |  | I use a lot of salt and spices |

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| V: |

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|  |  | In my childhood my parents were cold and authoritarian with me. |
|  |  | I hide what I feel |
|  |  | Lack of openness to others |
|  |  | Lack of open-mindedness |
|  |  | Lack of authenticity |
|  |  | Lack of mental clarity |
|  |  | Lack of concentration |
|  |  | Lack of flexibility |
|  |  | Lack of divine justice |
|  |  | Lack of peace |
|  |  | Lack of precision |
|  |  | Lack of reflection |
|  |  | Lack of sensitivity |
|  |  | Lack of liveliness of the spirit |
|  |  | I have suffered from my father's coldness and authoritarianism of my sex. |
|  |  | I have received (a) an education that is too rigid or with many taboos |
|  |  | I have a hard time committing for fear of making mistakes |
|  |  | I have a hard time relaxing |
|  |  | It's hard for me to let myself be loved and show my love |
|  |  | I demand a lot of myself because I think I am appreciated for what I do and not for who I am. |
|  |  | I don't accept others as they are |
|  |  | I don't think I receive what I deserve or that I receive more than I think I deserve. |
|  |  | I don't accept myself as I am |
|  |  | I don't allow myself to make mistakes |
|  |  | I don't feel appreciated or respected in my fair worth |
|  |  | I don't show my condition |
|  |  | I don't show my sensitivity |
|  |  | I can't express love |
|  |  | I can't express professional fatigue |
|  |  | I can't express my feelings and my feelings |
|  |  | I can't say I have a premature ejaculation problem |
|  |  | I don't recognize my limits |
|  |  | I don't respect my limits |
|  |  | I am very optimistic, my favorite phrase is *"no problem"* although inside I am distressed or overwhelmed |
|  |  | I am very sensitive but I do not prove it |
|  |  | Tendency to accuse or judge others |
|  |  | Tendency to block my success |
|  |  | Tendency to control myself |
|  |  | Tendency to believe myself appreciated for what I do and not for who I am |
|  |  | Tendency to over-crack |
|  |  | Tendency to crack severely |
|  |  | Tendency to criticize me |
|  |  | Tendency to criticize me internally |
|  |  | Tendency to cross my arms often |
|  |  | Tendency to doubt my choices |
|  |  | Tendency to overwork |
|  |  | Tendency to make me suffer |
|  |  | Tendency to justify myself |
|  |  | Tendency to anorgasmia in women |
|  |  | Tendency to negative criticism |
|  |  | Tendency to disappointment when the other does not respond to my expectations |
|  |  | Tendency to relational difficulty |
|  |  | Tendency to inflammatory disease |
|  |  | Tendency to demand with myself (a) |
|  |  | Tendency to be cold with the other |
|  |  | Tendency to impotence |
|  |  | Tendency to anger |
|  |  | Tendency to neck stiffness |
|  |  | Tendency to stiffness in my body |
|  |  | Tendency to general stiffness |
|  |  | Tendency to mental rigidity - attitudes or behaviors |
|  |  | Tendency to muscle stiffness |
|  |  | Tendency to embarrassment when you lose control |
|  |  | Tendency to hemorrhoids |
|  |  | Tendency to varicose veins |
|  |  | Tendency to abdominal cramps |
|  |  | Tendency to menstrual cramps |
|  |  | Tendency to muscle cramps |
|  |  | Tendency to circulatory problems |
|  |  | Tendency to skin problems |
|  |  | Tendency to liver problems |
|  |  | Tendency to nerve problems |
|  |  | Tendency not to see my qualities - what I do well |
|  |  | Tendency to hide my sensitivity |
|  |  | Tendency to ask me a lot |
|  |  | Tendency to vision problems |
|  |  | Tendency to laugh for nothing |
|  |  | Tendency to be cut off from my sensibility |
|  |  | Tendency to be unfair to me |
|  |  | Tendency to have a stiff neck |
|  |  | Tendency to an excess of optimism |
|  |  | Tendency to poor vision |
|  |  | Tendency to live in a state of frequent anxiety |
|  |  | Tendency to constipation |
|  |  | Tendency to excess stress |
|  |  | Tendency to insomnia |
|  |  | Tendency to chronic insomnia |
|  |  | Tendency to insomnia due to distress and loneliness |
|  |  | Tendency to insomnia due to stress |
|  |  | Tendency to childhood insomnia *(diffusion)* |
|  |  | Tendency to nervous insomnia |
|  |  | Tendency to nervousness |
|  |  | Tendency to excessive order |
|  |  | Tendency to perfectionism |
|  |  | I have a hard time asking for help |
|  |  | I'm afraid of coldness |
|  |  | I'm afraid of making mistakes |
|  |  | I'm afraid of being wrong |
|  |  | I'm afraid of being judged |
|  |  | I have a rigid behavior |